

Innumerable accounts of healing by the laying on of hands can be found in church histories. However, this universal ability of man to heal man was jealously guarded. Any healing outside of the church was considered to be witchcraft or the work of the devil.

Even today there are those who view this mode of healing with suspicion or discount it as "nonsense." However, modern science is showing that indeed something affects the blood components, brain waves and neuromuscular reactions.

Modern Day Healers With the "King's Touch"

The American Holistic Nurses' Association offers a course of study toward certification in HEALING TOUCH THERAPY. It is designed for nurses, physicians, body therapists, counselors, psychotherapists, other health care professionals as well as individuals who desire an in-depth understanding of healing work using energy based concepts.

This Association (AHNA) was organized in 1980 to promote the education of nurses and the public in the concepts and practice of health of the whole person, and its workshops are well attended.

AMY - OPTIONS FILE #185

Alcoholic/addict re-patterns life.....

"I'm an alcoholic and an addict," Amy says in her straightforward manner. "That's critical to why I went to Helen."

Amy has been seeing Helen Cox at Options Center for Health and Education for over a year to work through her addictions and other physical symptoms of emotional stress. She had been through a twelve-step program and conventional therapy, but was looking for an alternative.

"(The twelve-step program) just didn't have enough substance," says Amy. "You sit around and talk about your feelings, which if you're in recovery, can be pretty intense....like a roller coaster."