

OPTIONS CENTER HEALTH TOPIC





MAD COW DISEASE

The first case of Mad Cow Disease was discovered in a U.S. cow Christmas week, 2003. This man-made disease – induced by insecticides, pesticides, and poor feeding habits – is deadly to cows. It can also be transferred to humans, although the number of deaths worldwide is so miniscule as to be considered statistically zero. Fortunately, the U.S. has amazingly stringent regulations that will confine this disease to single or individual animals.

Further regulations regarding human consumption serve as even greater barriers against Mad Cow Disease in humans. And when it comes to supplements made from cows, the safety precautions are even greater still. First of all, *only U.S. animals* are used in the supplements produced by Standard Process, which is our largest supplement supplier. This eliminates most of the problem from the start.

Secondly, **all farming methods** at Standard Process are strictly organic. Whenever possible, animal parts are procured from organic, free-range U.S. suppliers. Unfortunately, there are vastly inadequate supplies of these animals. The others used are from facilities approved and inspected by the FDA and the U.S. and State Departments of Agriculture.

Inspectors are present during processing of all animals. Many of these inspectors are veterinarians, and *animals are inspected three times* during processing. Additionally, Standard Process in Wisconsin is regulated by the FDA and the Wisconsin Department of Agriculture, Trade, and Consumer Protection. These agencies regularly inspect the plant and have access to *all production records*. And, finally, I've been to the farm and plant myself.

So when it comes to supplements containing bovine parts, the odds of any cow with Mad Cow Disease getting through the inspections is statistically zero. And getting any part of any sick cow into the supplements is even rarer because of the multitude of additional inspections and regulations. So even if a sick animal were to slip through all the regulations, thanks to the most stringent additional safeguards, the odds of any part of the cow that could induce Mad Cow Disease getting into supplements is even more unlikely.

What is Mad Cow Disease?

Just how this problem developed is a long and sordid story involving the cattle, pesticide, and pharmaceutical industries. If you are interested, you can log on to www.westonaprice.org and find the article, "Animal Pharm." It will really open your eyes about how we abuse insecticides and pesticides – part of the underlying problem with Mad Dow Disease.

If you have ever known anyone who has been poisoned with insecticides, you know how deadly they are. They kill your brain, inducing encephalopathy just like Mad Cow Disease. Lots of experts feel that Alzheimer's and other dementias are various forms of insecticide/pesticide induced encephalopathy suffered by animals subjected to huge doses of chemicals. Other experts feel that Mad Cow Disease in humans should simply be grouped in with other brain problems like Alzheimer's, etc., all of which they feel are induced by drugs, toxins, and chemicals.

So keep yourself informed and read up on the real causes of this problem. The sad part about all this is that the media will hype it completely out of proportion to sell their TV programs and newspapers. This will induce hysteria and cause serious problems to the meat Industry and farmers everywhere. But when it comes to your supplements – the same ones with the same formulae that have been used for more than 75 years – the most powerful and remarkable precautions are in place to keep you completely safe.

- Dr. Bruce West
- Health Alert Newsletter, February, 2004/Volume 21, Issue 2

