

# Brain Gym® & Behavioral Transformation

## Part 3

### Students using Brain Gym® exercises can experience improvement in these areas:

- Reading and Visual Processing
- Concentration and Memory
- Self Confidence

### This workshop is designed for:

- Educators (who have and have not had Brain Gym® training)
- Parents
- Professionals [who work one-on-one with students] such as  
Aides  
Tutors  
Counselors

The workshop provides practical hands-on activities to use which optimize student performance and it also explains how to detect which emotions may impact a child's ability to learn and behave.

**Presenter:** Helen Cox, certified Brain Gym® instructor and Director of Options Center for Health & Education, will be presenting the program. She has over 20 years of experience working with children using Brain Gym®, and has been leading workshops on Brain Gym® to parents, educators, and professionals.

**When:** Wednesday & Friday, August 4 & 6, 2010 from 11:00 am – 7:00 p.m. Break at 2:30.

**Where:** Workshops will be held at Options Center for Health & Education, Inc. 4316 N. Prospect Rd., Peoria Heights, IL 61616. (309) 685-7721. Email: [options@mtco.com](mailto:options@mtco.com)

### Testimonials of educators who have attended previous Part 3 workshops:

"Thought provoking, energizing, revitalizing." Katie Starnes

"Inspiring, lots of tools, helpful." Jana Sims

"interesting, practical, fun!" Katie Schwenger

For more information, look at [www.options-center.com/Glossary/Education/Brain Gym®](http://www.options-center.com/Glossary/Education/Brain%20Gym%20), [www.options-center.com/Education Center/Education Handbook](http://www.options-center.com/EducationCenter/Education%20Handbook) and Brain Gym® Foundation web page: [www.braingym.org](http://www.braingym.org).

### Cost:

- Early registration: \$150 with non-refundable fee of \$50, received on or before July 5, 2010.
  - Regular registration: \$200 with non-refundable fee of \$50, received after July 5, 2010.
  - Repeaters: \$125 with non-refundable fee of \$50 (registration MUST include copy of previous certificate of attendance) if received on or before July 5; \$175 if received after July 5.
  - Cancellations: No refund will be given for cancellations received on, or after, July 28, 2010 or for "no shows".
- Enrollment cut off date: Friday, July 30, 2010.

Educators can earn **15 CPDUs** [\$10 payable to Two Rivers and due the first day of workshop]. A Student Handbook for \$20.00 is required for the class. The book, *Brain Gym® Teacher's Edition* (costs \$19.95, with tax \$21.50) is recommended. Both can be purchased the first day of workshop.



### Registration Form for Brain Gym® & Behavioral Transformation-Part 3

Print Name \_\_\_\_\_ Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Profession: \_\_\_\_\_

e-mail address: \_\_\_\_\_ Payment included: \_\_\_\_\_

\_\_\_ Check (Make payable to Options Center) \_\_\_ Cash \_\_\_ Credit Card (Visa, MC, American Express) Credit card #:

\_\_\_\_\_ Expiration date: \_\_\_\_\_ Signature (for credit cards): \_\_\_\_\_

Taking workshop for CPDUs: Yes No