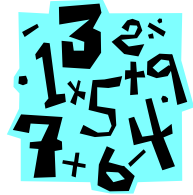


Students Gain Better Memory through Creativity & Visualization

V.3 Visual Processing – Visualization & Memory

Kody was having trouble with his multiplication tables, and spelling wasn't much better, according to his mom Gale. But, "unfortunately, you need to get through math and spelling to get through life," noted Gale, so the family was in search of help.



Another student, Keith was displaying behavior that was "most unacceptable," according to his grandmother, Lynda. He was not following directions, and was being disruptive and even picking fights with other children, she said. So the family began looking for help.

From different directions and needs, the boys wound up in the same place -- at Options Center in Peoria Heights. They both enrolled in Options' classes.

"After three years of just mental anguish on this child, it was just a relief," said Gale. "It sure beats the heck out of sitting there crying with your child because you don't know what's wrong."

Kody's big brother -- who had experienced the same problem years ago -- remembered a teacher who had helped him with the problem, and that led Kody's family to Options. Kody had not responded to tutoring, but he did at Options.



Keith experienced a more comprehensive program at Options, which included Brain Gym® exercises in addition to nutritional supplements and diet. A hair analysis showed Keith lacked certain nutrients like calcium and was high in others, like aluminum, said Lynda.

Keith was brought to Options by his mother and grandmother because they "wanted to find help for him that didn't include the use of medication," said Lynda. Keith had been put on Ritalin by a pediatrician, but was taken off by his mom when he "could not sleep, ate very little and was like a zombie," said Linda.



After Keith spent 16 weeks at Options, "he has shown significant improvement in math and other classes, is not disruptive in class and is slowly progressing," said Lynda.

"The Brain Gym[®] exercises have definitely improved Keith's ability to learn and have confidence in himself," said Linda. And Keith's mom Kim noted the Brain Gym[®] helped in calming Keith down and reasoning with him when needed at home.



Linda, Kim, and Gale have no problem recommending Options to any parent facing similar circumstances. As Kim put it, "Options is a very helpful place, I would recommend it to anyone."

***If you would like to communicate with Options,
please feel free to email - options@mtco.com.***

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